

MO

:- FAMILY HEALTH CARE & PREVENTION

M. Marks 70

Time: - 03 Hours

**Section A (Long question each carries 5 marks)**

Q1. Health, Nutrition and Food are directly related. Justify?

OR

What are nutrients? Classify food on the basis of nutrients?

Q2. Write in detail the importance of first aid?

Or

Write in detail the treatment one should give to a patient after insect bite?

Q3. What is potable water? How is it contaminated?

OR

Explain the importance of small family norms in relation to population control.

Q4. Write about causes and prevention of chicken pox?

OR

What is diarrhea? State its causes, symptoms and prevention?

**Section B (Short question each carries 3 marks)**

Q5. While cooking the hand of your mother got burnt. What treatment you would give to her?

Q6. Asha is small height, under weight and having dry hair, which aspect other health is weak? Diagnose

Q7. Radha is suffering from cough and mild fever for the last one month. What precaution you would take care of her?

Q8. List six effects of population explosion ?

(D)

Q9. Write a note on the utility of water?

Q10. Explain filtration by four pitcher system with the help of a diagram?

Q11. Give four reasons as to why lactating women should regularly visit an ICDS centre?

Q12. Ten years old Malti looks after her two years old brother, state its two advantages and two disadvantages?

**Section C ( Very Short question each carries 2 marks)**

Q13. Food gives its mental satisfaction how?

Q14. Write two causes of asthma attack?

Q15. When is the first aid given?

Q16. What are the causes of spreading of infectious disease?

Q17. List any two aims of population education?

Q18. List four functions of Balwadi. Which help in promoting children's health.

Q19. Function of Asha ?

Q20. Write on the types of wounds?

**Section D (Objective type / One line answer question each carries 1 marks)**

Q21. Who gets the benefits of ICDS?

Q22. What is ANP?

Q23. What is impure water?

Q24. What is poverty line?

Q25. What is malnutrition?

Q26. What are nutrients ?

Q27. Name two diseases spread by air?

Q28. Define incubation period?

Q29. \_\_\_\_\_ is a natural antiseptic.

Q30. \_\_\_\_\_ is term used to describe blood disorders.